

THE STRUCTURES OF HEALING

LIFE SITUATION

The present circumstances of life are where dysfunctional behaviors manifest.



DYSFUNCTIONAL BEHAVIORS

Various dysfunctional behaviors are used to manage the emotional upheaval we feel.



EMOTIONAL UPHEAVAL

Ongoing painful emotions result from lies we believe and wounds left unhealed.



LIES/FALSE BELIEFS

The lies we come to believe due to wounding events lead to tremendous emotional upheaval.



WOUNDS

Emotion-filled, traumatic experiences where core longings were not met impact us deeply. They shape our core beliefs.

LIFE SITUATION

The present circumstances of life are where victorious living can manifest.



VICTORIOUS LIVING

Healthy behaviors result when the pain driving dysfunctional behaviors is healed.



COMFORT/PEACE

A state of greater emotional well-being comes as wounds are healed and lies are replaced.



TRUTH/ACCEPTANCE

Healing experiences with Christ can replace lies with truth, leading to peace within.

