

# MLS 2024 Book Suggestions

Books recommended by Mary Westergren

## False Beliefs/Skewed Narratives

- "The Soul of Shame," by Dr. Curt Thompson
- "The Anatomy of the Soul," by Dr. Curt Thomson
- "Who You Are: Internalizing the Gospel," by Judy Cha
- "The Secret Place of Thunder," by John Starke
- "Attached to God," by Krispin Mayfield

## The Gift of Lament

- "God on Mute," by Pete Greig
- "A Sacred Sorrow," by Michael Card
- "Dark Clouds, Deep Mercy," by Mark Vroegop
- "A Grace Disguised," by Jerry Sittser
- "Deep Calls to Deep," by Tony Horsfal
- "Walking With God Through Pain and Suffering," by Tim Keller

## The Emotional Work of Forgiveness

- "Forgiving and Reconciling," by Everett Worthington
- "The Science of Virtue," by Mark McMinn
- "The Possibility of Prayer," by John Starke
- "Forgive," by Tim Keller
- "Changing Normal," by Jolene Kinser
- "Forgiving What You Can't Forget," by Lisa Teurkerst

## Anxiety

- "A Still and Quiet Mind," by Esther Smith
- "Try Softer," by Aundi Kolber
- "Strong Like Water," by Aundi Kolber
- "How People Grow," by Cloud and Townsend
- "Hiding From Love," by John Townsend
- "Gentle and Lowly," by Dane Ortlund
- "The Other Half of Church," by Wilder and Hendricks
- "Healing Care, Healing Prayer," by Terry Wardle

